

The Matrix Cannot Tell You Who You Are

If we think of the physical world as a computer-generated virtual reality, no perception of the physical world can tell you anything about the true nature of the perceiver of that virtual reality. Every perception of the virtual reality is no more real than the projection of an image from a computer screen to the point of view of the perceiver and the animation of that image in the flow of energy. No matter how real that virtual reality looks and feels, no perception can tell you anything about the true nature of the perceiver. No perception can tell you anything about who is actually playing the virtual reality game. A virtual reality can never tell you who you are.

The flow of time and the flow of energy are two sides of the same coin, but the flow of energy is more fundamental than the flow of time. The perceiver always exists in the present moment. In the present moment, the perceiver can perceive the images of things projected from the computer screen to its point of view in that moment and the flow of energy that connects two moments and animates those images. That flow of energy is perceived as emotional energy in the sense of an emotional body feeling. Emotional energy is what animates the form of a body over the course of time. The flow of time is only perceived as an emotional projection from the present moment that gives rise to the perception of the memory of the past and the anticipation of the future. We only perceive the flow of time because we make emotional projections to the past and future.

When you become motionless and stop expressing that emotional energy, you stop making emotional projections into the past and future. You can only know yourself as you exist in the present moment. That's when enlightenment happens. Your Individual being dissolves back into its motionless source of undivided and unlimited being. When you become motionless, you become desireless and selfless. What you see in that desireless state is that your own light of consciousness is illuminating your virtual reality world. When you become motionless and stop animating that virtual reality world, you also turn off the light of your own consciousness and stop illuminating that world. That's when you return to the darkness, stillness, silence and emptiness that is the ultimate nature of your existence and the source of everything you can experience as things appear to come into existence in the virtual reality world you perceive.

Enlightenment is the result of passing through the gateless gate. The gate is the Self, but you only pass through the gateless gate when the Self becomes selfless. You have to focus your attention on your own sense of being a Self as a presence of consciousness with its own sense of I-Am-ness or being present, but you also have to become selfless, which means you have to destroy your ego and become desireless. The reason you have to destroy your ego is because the Self identifies itself with the ego. Self-identification is the nature of delusion. You have to destroy your ego, which is your personal self-concept, before you can become selfless.

Ultimately, you have to destroy your own sense of being a Self, which is your own sense of individual existence. The final step in the process of destroying delusion is to destroy your own sense of being a Self. That's when enlightenment occurs. Individual being dissolves into

undivided being. The Self dissolves into No-self. When you become enlightened, you become aware of the Self as a moving point of illuminating and perceiving consciousness. You become aware of the Self from the darkness, silence, stillness, emptiness and nothingness of the void.

That darkness is the Source of the light of consciousness that illuminates the world and the Source of the Self as a moving point of illuminating and perceiving consciousness. When you become enlightened, you can turn off the light of consciousness and stop illuminating the world you perceive. You do that by withdrawing your attention away from the world you perceive. When you stop illuminating the world, you return to the darkness. When you become enlightened, you know yourself to be the darkness of the Source, not the illuminating Self.

There's a paradox here, which Shankara expressed as Atman is Brahman. Ultimately, Atman dissolves into Brahman, which is to say Brahman is the Source of Atman, just like the ocean is the source of a drop of water that ultimately returns to and dissolves into the ocean. Atman knows itself to be Brahman when Brahman becomes aware of Atman. That's what you know when you become enlightened, which happens when you pass through the gateless gate. The experience of becoming enlightened is the experience of individual being dissolving into undivided being. That happens when you return to the darkness, stillness, silence and emptiness.

Truly, I have attained nothing from total enlightenment--Buddha